

FEAR OF COMMITMENT COWL

Designed by Julie Weisenberger



Your options are wide open with the “fear of commitment” cowl! Button it right up close to your neck for maximum warmth. Too warm? Move the button so the cowl rests on your shoulders or somewhere in between. Super easy and fast, the trick is in connecting two buttons with elastic so you don’t have to commit to a button hole!

Skills Needed

General knitting skills.

Sizes

One size, approximately 9" wide by 33" long.

Materials

Yarn

250 yards any soft, bulky yarn which calls for #10.5–13 needle.

Sample: Debbie Bliss Cashmerino Super Chunky (55% Merino, 33% Microfiber, 12% Cashmere, 72yds/50g)

Needles

Size appropriate for your chosen yarn. To make a warmer cowl, you may wish to go down in needle size.

Buttons

One large, decorative button and one toggle-shaped button. The size of the large button is irrelevant; the toggle-shaped button should be no wider than ½" and between 1–2" long

Elastic Cord

You can get this at a fabric or craft store. I used 1.5mm diameter stretch magic jewelry cord, but you could also use elastic cord for sewing. Just make sure that it is thin enough to fit through the holes of your buttons.

Gauge

14–15 sts = 4" (row gauge not important) in stitch pattern.

Abbreviations**Seeded Rib Pattern**

Multiple of 4 sts plus 3.

Row 1: k3, *p1, k3, repeat from *.

Row 2: k1, *p1, k3, repeat from *, end p1, k1.

Repeat rows 1 and 2.

For a complete glossary of terms, see cocoknits.com

Directions

CO 35 sts. Work in Seeded Rib Pattern (see above) until piece measures 34". BO.

Finishing

Thread elastic through the holes of one button, then the other. Tie several knots to secure the two buttons together. Don't knot them too close together, leave enough slack for double the thickness of the cowl's fabric. Trim the elastic ends just enough that the larger button will hide them. Now you can place your buttons wherever you want them on the cowl by working the toggle shaped button through both layers of the cowl.

Weave in ends and lightly block if necessary.

Enjoy!

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